



## *Authors*

*Mary Huntley & Edna Thayer*

*present*

## **“The Mirthful Spirits of Betsy, Tacy, and Tib”**

*February 21, 2009*

Mary Huntley (right) and Edna Thayer (left), authors of “A Mirthful Spirit – Embracing Laughter for Wellness,” addressed the importance of nurturing laughter among children at every age and in all stages of life. “Betsy, Tacy, and Tib” had the kind of friendship where they enjoyed playing together and creating happy times for themselves and others. The authors related the Betsy-Tacy books to the benefits of embracing laughter everyday for our health and wellbeing.



Samantha Bibbs and Carley Allen re-enacted the Cat Duet from the Betsy-Tacy books.



Edna and Mary engage the audience in a healthy belly laugh!